



Actively show your love to your child every day. No matter what happened that day (poor grades at school, discipline problems, etc.) make sure that your child knows that they are loved. Hug them every day. Kiss them every day. Tell them you love them every day. One day to do this is to develop a habit at bedtime of having everyone in the family kiss, hug and say "I love you" to everyone else in the family. Teenagers and dads too. NEVER let a day go by where you do not assure them of your love for them.