

Name _____ Box # _____

Daily

Tell them, "I love you." Mon Tue Wed Thu Fri Sat

Pray for them. Mon Tue Wed Thu Fri Sat

Did you sin against him/her this week? Yes No Did you confess it to him/her? Yes No

This week

Catch them doing something good this week and encourage them.

Name of child: _____ Date: _____

What did you encourage him/her about?

Reading

Read the following in The Heart of Anger:

- Chapter 1
- Chapter 1(again)

Exercise

Make a prioritized list of the principles that you need to begin teaching your child(ren).

1. _____
2. _____
3. _____
4. _____
5. _____