

Name _____ Box # _____

Daily

Tell them, "I love you." Mon Tue Wed Thu Fri Sat

Pray for them. Mon Tue Wed Thu Fri Sat

Did you sin against him/her this week? Yes No Did you confess it to him/her? Yes No

This week

Catch them doing something good this week and encourage them.

Name of child: _____ Date: _____

What did you encourage him/her about?

Reading

Read the following in Shepherding a Child's Heart:

- Chapter 5
- Chapter 6
- Chapter 14

Exercises

If you have children, list up to 3 ways in which your parenting is authoritarian, passive or child-centered and how you will go about changing it.

1. _____

2. _____

3. _____

(Over – See Back)

- 1. Spend 20-30 minutes one day/evening with your child(ren) this week teaching them the implications of Genesis 2:24 (TPT). Help them to understand the fact that the parents set the agenda for the home and that the children are expected to follow the lead of the parents. If you don't have children, meditate on how you would teach it. What would you say?

- 2. On one day, if you have children, spend 15 minutes one day/evening talking with your spouse without allowing your children to interrupt you. (The children must be awake and in the same area during this time.) Teach them to wait until you are finished before they get your attention. Date: _____

- 3. On a second day, if you have children, spend 15 minutes one day/evening talking with your spouse without allowing your children to interrupt you. (The children must be awake and in the same area during this time.) Teach them to wait until you are finished before they get your attention. Date: _____

- 4. On one day, if you have children, make some choices for them that they might have normally made. This might be the type of breakfast they will eat, what they order at a fast food restaurant, etc. Use this as a check to see how willing they are to trust your judgment for them.

What did you choose for them? _____

What was their reaction? _____
