

Name _____ Box # _____

Daily

Tell them, "I love you." Mon Tue Wed Thu Fri Sat

Pray for them. Mon Tue Wed Thu Fri Sat

Did you sin against him/her this week? Yes No Did you confess it to him/her? Yes No

This week

Catch them doing something good this week and encourage them.

Name of child: _____ Date: _____

What did you encourage him/her about?

Reading

Read the following chapters in "The Heart of Anger:"

Chapter 3

Chapter 4

Exercise

Sit down with your child(ren) 3 times this week for 15-30 minutes (depending on their age) for the purpose of having devotions with them. This must NOT be part of a discussion regarding misbehavior.

Date _____ Time _____ Child _____
Scripture/Story Read _____
What did you discuss? _____

Date _____ Time _____ Child _____
Scripture/Story Read _____
What did you discuss? _____

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Scripture/Story Read _____
What did you discuss? _____